providers with the knowledge and skills to support a mother's decision to breastfeed. Along with continuous quality improvement, this workshop aims to improve hospital-based breastfeeding rates. This program provides the participant with tools to enhance parent-infant attachment, engender newborn breastfeeding competence and increase patient satisfaction with no increase in staff workload. The workshop will also include the biologic, nutritional and immunologic properties of breastfeeding and the risks of artificial milk with solutions to alleviate common barriers in supporting a mother's choice to exclusively breastfeed and recognize actions that will overcome common barriers to supporting a mothers' choice to exclusively breastfeed. Please note: This course meets the components as identified by UNCFOR through the US Baby Friendly Hospital Initiative Guidelines and Criteria.

2013 DIABETES MANAGEMENT AND NUTRITION REVIEW
Wednesday, March 20 • 8:30 a.m. - 4:30 p.m.
St. Joseph's Medical Center – Auditorium
Speaker: Julie Truong, RN NP MNS CDEx
Cost: $69 / Free *
Credit: 6 contact hours (*)
The major focus of this six-hour course is clinical and medication management including patient education. Pathophysiology covers insulin resistance, pre-diabetes, gestational diabetes, Type 1 and Type 2 diabetes. Acute and chronic diabetes related complications and prevention are also discussed. Clinical management presents treatment goals for gestational diabetes, Type 1 and Type 2 diabetes. Medical management options include oral medications and Insulin. Minimics for Type 2 diabetes and insulin including short and long acting analogs and insulin pump use for Type 1 and Type 2 diabetes. Daily foot care and amputation prevention are reviewed. Glucometer use with a hand-on demonstration is presented. A nutrition review includes healthy food choices, CHO counting and portion sizes, also the gluten-free diet, renal diet and Avoidance of diabetics.

ADULT AND GERIATRIC HEALTH AND PHYSICAL ASSESSMENT
Wednesday, March 20 • 10:30 a.m. - 4:30 p.m.
St. Joseph's Medical Center – Auditorium
Speaker: Julie Truong, RN NP MNS CDEx
Cost: $69 / Free *
Credit: 7 contact hours (*)
This six-hour course will cover adult and geriatric health assessment and physical assessment techniques. An overview of pertinent health history and systematic approach to physical examination are presented. Physiologic changes of aging and geriatric physical assessments are discussed.

THE SECRETS OF BABY BEHAVIOR
Wednesday, March 20 • 8:30 a.m. - 4:30 a.m.
St. Joseph's Medical Center – Auditorium
Cost: $79
Presented by the UC Davis Human lactation Center
Credit: 7 contact hours
This program is offered by the Public Health breastfeeding initiative with funding provided by First 5 San Joaquin.

A New Approach to Heart failure: A Constructive Guide to Cardiovascular Care
Wednesday, March 20 • 8:30 a.m. - 4:30 p.m.
St. Joseph's Medical Center – Auditorium
Speaker: Brenda Preyer MSN RNC, Sharyl Stanton RN MS CNS
Cost: $79

Learning center PROVIDER CONTINUING EDUCATION

PAIN ASSESSMENT AND MANAGEMENT
Wednesday, January 16 • 8:00 a.m. - 4:00 p.m.
St. Joseph's Medical Center – Auditorium
Speaker: Chris Favers MS RN BC, FANM
Cost: $109 / Free *
Credit: 7 contact hours (*)
The focus of this conference is on the healthcare team's role in influencing patient outcomes through assessment and management of pain. The barriers that affect the team's performance in assessing and managing pain are addressed. Current recommended pharmacologic approaches and the use of nonpharmacologic methods to complement pharmacologic strategies for managing pain are presented. The principles and practical considerations related to using selected therapies i.e., titration, persistent and breakthrough pain treatment, PCA, short- and long-acting opioids are explained. Equi-analgesia and addiction issues are discussed. The needs of special populations, such as neonates, infants, children, older adults, critically ill, and the cognitively impaired are addressed throughout the day.

S.T.A.B.L.E. TRANSPORT EDUCATION PROGRAM LEARNER COURSE
Thursday, January 17 • 8:30 a.m. - 5:00 p.m.
St. Joseph's Medical Center – Classroom 2
Coordinator: Brenda Preyer MSN RNC, Sharyl Stanton RN MS CNS
Cost: $99 (Payment must be received before study materials can be sent)
Credit: 8 contact hours (*)
The S.T.A.B.L.E. Program is an educational tool developed to serve as a concise guideline for the pre-tranport stabilization and care of sick newborns. The S.T.A.B.L.E. Transport Education Program is designed to be used by helping successful resuscitation of the newborn, or when the care is transferred to the transport team. Who should participate in the S.T.A.B.L.E. Transport Education Program? Any health caregiver involved with the pre-tranport stabilization of neonates.
Be discussed. A practice ECG interpretation session and written test will be utilized on the second day. The written test will evaluate the learner’s comprehension of material.

This course meets the NRP training requirements for ECG training for employees of SJCIC working in a monitored area. Please note that some reading is recommended before the start of class, please include class instruction in registration, class instructions will be sent through this email address.

LAW AND ETHICS: DANCING WITH THE RISKS, SAFE STEPS, TRICKY STEPS AND LAND MINES

Friday, January 25 • 9:00 a.m. – 4:00 p.m.
St. Joseph’s Medical Center – Auditorium
Credit: 6 contact hours
Cost: $99 / $89*
Deadline for completed Certificate of Completion only
Credit: 6 contact hours
Certified midwives must review the material prior to the course application deadline. This 16-hour workshop is an educational component of the Birth and Beyond California Breathing Training and Qualifying Education Program. It has been developed by the Peace & Health Knowledge development of the Regional Perinatal Programs of California in collaboration with the California State Department of Public Health’s Maternal, Child and Adolescent Health Program. It is intended to provide hospitals and their healthcare providers who are responsible for the well being of infants and children at risk for cardiac arrest the latest information on the prevention, recognition, and management of myocardial infarction, acute coronary syndromes (ACS) and stroke. Those who attend should be prepared to participate in the simulated cases and be familiar with the Cardiac Assessment tool.

A Critical Care course certificate of completion will be granted if all classes are attended. Students who do not attend all classes must complete the missed class(es) individually for a more focused update.

The ACLS one day renewal course reviews the knowledge and skills necessary to evaluate and manage the first 10 minutes of an adult’s cardiac arrest. Participants will review the latest scientific evidence pertinent to the administration of ACLS, including ALS and BLS, for patients with cardiac arrest. Adult ACLS is divided into five domains: 1) Basic Life Support (BLS) for adult, infant, and child victims of cardiac arrest; 2) Advanced Airway Management and Ventilation (AAMV); 3) Advanced Life Support (ALS) in response to adult cardiac arrest; 4) Circulatory Support Assessment (CSA); 5) Arrhythmia and systolic heart failure management.

Day 10 PUTTING IT ALL TOGETHER: A DAY ON CRITICAL CARE DRUGS, ENVIRONMENTS AND CASE STUDIES

Tuesday, March 5
AWHONN INTERMEDIATE FETAL MONITORING COURSE

St. Joseph’s Medical Center – Cleveland Classroom
Speaker: Carol A. Curran RNC MS OGNP
Credit: 10 contact hours
Cost: $100 / $85*
Deadline for completed Certificate of Completion only
Credit: 10 contact hours
Course is to provide the learner with information on the prevention, recognition, and management of conditions that place pregnant women at increased risk for adverse outcomes. The course will focus on the respiratory system and discuss the pathophysiology, signs and symptoms, diagnostic tools and the medical and nursing management of the disorder. A session on appropriate referrals and treatment will be provided. Additional topics may include: emergency medical providers other than physicians, nurses, emergency technicians, paramedics, respiratory therapists and other professionals who may respond to a cardiovascular emergency.

*Please make checks payable to:
St. Joseph’s Learning Center
For registration by phone, call Education at 467-6331

Course Name and Date
Address
City/State/ZIP
Phone (day)
Phone (evening)
Employer
License number (MD/CRNA/CRNA) Required
CPR Certification (AHA/CPR/AED)
Professional Title
E-mail Address
Mail to:
St. Joseph’s Learning Center, Education Department
St. Joseph’s Medical Center – Auditorium
3400 Wagner Heights Road, Stockton, CA 95204

**Please present your charge card at the door. No refunds will be issued. Pre-registration is required.**

The Intermittle Fetal Monitoring Course focuses on the application of essential fetal heart monitoring and skills in intrapartum nursery practice. The course is for those who attend should be familiar with the FHM Principles and Practices Book provided through The Center of Excellence in Education.)

**Please note: an email will be sent to you with study and class instructions**